



# Women's Club Event

**Thursday, November 9th - Anthem Center Ballroom**  
**Doors open 11:00 am - \$43/members only**



USO Intermountain provides a home away from home and a sense of community for active duty troops, National Guard personnel, Reservist, and their families based throughout Nevada, Utah, Idaho, and Montana. We offer morale-boosting and family-strengthening programs, deployment and re-deployment support to help our troops adjust to the duty ahead, resiliency training, discreet and compassionate support for Families of the Fallen, as well as passenger terminal assistance for troops and loved ones alike. Since 2010, USO Intermountain has served more than 300,000 troops and their families.

**Timothy Mullin will talk about the role of the USO in supporting our troops and their families as they deploy and come home.**



## Our Charity: Heroes on the Water

Founded in 2007, Heroes on the Water is a 501(c)3 non-profit that provides recreational wellness experiences. Our primary modality is kayak fishing which has proven cognitive and emotional benefits. These programs incorporate structured activities in a pressure-free environment creating opportunities for community building and personal healing. Our participants receive much needed camaraderie and support. HOW provides their services to Veterans and First responders with post-traumatic stress syndrome.

Please tear off and submit to the Women's Club mailbox.

Make checks payable to: Sun City Anthem Community Assoc., with Women's Club in the memo line.

(No refunds after deadline, but transferable to another member.)

**Submit your check with this form no later than THURSDAY, NOVEMBER 2nd.**

Please direct any questions to: Barb Panning, [Lvbarb2@gmail.com](mailto:Lvbarb2@gmail.com)

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_

Email: \_\_\_\_\_ Amount enclosed: \$ \_\_\_\_\_